

# Keeping in Touch

## June 2008

Uttlesford Crossroads - Member of the Association of Crossroads Care Attendant Schemes Ltd

### Message from the Chairman of Trustees

Welcome to the first newsletter of the new year. The highlight of our Christmas events, which now seem a long time ago, was again our Charity lunch. Approximately 100 carers, members and supporters were treated to an excellent meal thanks, once again, to Chris and Chris Morris and their friends (see picture). A tremendous amount of preparation goes into the organisation of this event by so many staff, managers, trustees and friends but I would like to thank Val Reavell for managing the considerable housekeeping tasks, Noel Starr for ensuring we had a good fire and Cllr Elizabeth Godwin for managing the bar again. We were very grateful, once again for the wonderful entertainment provided by a group from the **Saffron Walden Choral Society**, who sang Christmas carols so beautifully and our thanks go to the **Saffron Walden Rugby Club** for providing the use of their clubhouse again free of charge.



Our website has now reached a point where we would encourage you to go on-line if you have a computer and have a look (see page 2). We are hoping to form a group of supporters who will become "**Friends of Uttlesford Crossroads**" to help us with our fundraising (see page 4). In all that we do, your board of trustees, managers and staff will continue to strive to provide a high quality professional service for carers and those with care needs.

Graham Hamilton-Hopkins

### Message from the Scheme Managers

2008 is an exciting time for Uttlesford Crossroads as we begin to put some of our plans into action. We are looking at the possibility of providing a day care facility in Thaxted and need your help. We believe there is a need for this type of service and would like any feedback you could give us about what services you would like at a day centre facility. We intend to serve refreshments and a hot lunch, however, what we are trying to work out is what else should be available. It could be chiropody, armchair yoga, old time music and so on, but we need your help. Any comments or suggestions should be sent to Heather Eldred at the Crossroads office.

We are working closely with Essex County Council Youth service to support young carers. A young carer is anyone under the age of 18 whose life is restricted because of a need to take care of a person on a regular basis. This person may be a parent, sibling or close friend. They may be have help from another family member or be the sole carer. We are able to support this important work through a generous donation from the Rotary Club of Saffron Walden. Our thanks go to them and all those who gave to their Christmas street collection. If you know of any families who could benefit from this type of support please let the office know.

The Commission of Social Care Inspection, our regulating body, has sent us our Annual Service Review. Thank you for all of you who were phoned by the Commission or who returned their questionnaire. The quality of service was praised in the report with no recommendations for changes. If you would like to see a copy of the report please contact the office.

As always, we could not continue to provide the service we do without the dedication of our administrative and care staff and our thanks go to them.

Heather Eldred and Victoria Stevenson

## AGM 2007—08

All members of Uttlesford Crossroads are cordially invited to attend our

### Annual General Meeting

On 15 July 2008

At 7.00 for 7.30pm in the Garden Room,  
3 Hill Street, Saffron Walden

To be followed by a glass of wine and snacks

We would be very pleased to see you.

## Stansted Coffee Morning

Uttlesford Crossroads Coffee Morning

Stansted Day Centre

25 June 2008

10am—12 noon

Please do make a diary note to come along and enjoy the friendship of other members, staff and trustees. £1 entry includes coffee and cakes, which are always very good. There will be a tombola stall, produce and Bric a brac. Please do come and support us, you will be made very welcome.

## 2008 Membership Subscriptions and 100 Club

Membership of Uttlesford Crossroads is a minimum of £12 per annum.

Membership is now due. Please use the enclosed form and send your cheque, payable to "Uttlesford Crossroads" to the Crossroads Office at the address on the form. If you have recently joined the scheme and paid your membership there is no need to renew until next year.

We are grateful for any donations you may choose to make. The value of these donations can be enhanced by the completion of a Gift Aid Declaration, available from the office.

### 100 Club

Another way of helping Uttlesford Crossroads is to join our **100 Club**,

and have the opportunity of winning one of two £30 prizes each month plus £50 every three months.

Members are allocated a prize draw number, and below we have listed last year's lucky winners and the winning numbers.

Entry forms are enclosed, so why not have a go.

## Charity Channel Swim



We have been presented with a cheque for £2000 by Lesley Green, who has completed a sponsored swim equivalent to crossing the

Channel. She and **Uttlesford Crossroads** would like to say a big thank you to everyone who sponsored her, especially the Choir and congregation of St Mary's Parish Church in Saffron Walden for their kind and generous support.

## 100 Club Winners & Numbers

39 Val Reavell	3 E.J. Bailey
28 Joan Jeffries	63 Mr & Mrs Felton
48 Sylvia Thomas	2 B. Bacon
10 M. Canning	65 J. Ketteridge
67 Paul Fuller	57 P. Learmonth
40 Carol Reed	64 Mr A. J. Thomas
32 H. Kew	17 J.M. Flowerdew
36 M. Moore Vale	8 Catherine Chaplin
20 Margaret Brady	16 Caroline Fisher
5 Mr & Mrs Bunyan	67 Paul Fuller
45 Roger Mead	12 Rebecca del Tufo
68 Mary Todd	45 Roger Mead

**You could be a winner too—but only if you join the '100' Club.**

**Entry forms included with this newsletter.**

## Christmas Lunch Team

**Uttlesford Crossroads** trustees and managers would like to give a very special thank you to Chris and Chris Morris for once again doing all the catering for our annual Christmas Lunch. This is the 9th year in a row that they have done this for us and they have indicated that they now wish to step down.

We are hoping the someone else will come forward and offer to help us with this year's lunch. We do have such a great team in Uttlesford Crossroads who always come together to give tremendous mutual support. The rewards and camaraderie are so wonderful we hardly notice how hard we are all working.

